

Transgression-Related Interpersonal Motivations Scale--12-Item Form (TRIM-12)

For the following questions, please indicate your current thoughts and feelings about the person who hurt you. Use the following scale to indicate your agreement with each of the questions.

1 = Strongly Disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly Agree

- ___ 1. I'll make him/her pay.
- ___ 2. I keep as much distance between us as possible.
- ___ 3. I wish that something bad would happen to him/her.
- ___ 4. I live as if he/she doesn't exist, isn't around.
- ___ 5. I don't trust him/her.
- ___ 6. I want him/her to get what he/she deserves.
- ___ 7. I find it difficult to act warmly toward him/her.
- ___ 8. I avoid him/her.
- ___ 9. I'm going to get even.
- ___ 10. I cut off the relationship with him/her.
- ___ 11. I want to see him/her hurt and miserable.
- ___ 12. I withdraw from him/her.

Source: McCullough, M.E., Rachal, K.C., Sandage, S.J., Worthington, E.L., Jr., Brown, S.W., & Hight, T.L. (1998). Interpersonal forgiving in close relationships: II. Theoretical elaboration and measurement. *Journal of Personality and Social Psychology*, *76*, 1586-1603.

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Scoring Instructions

Avoidance Motivations :

Add up the scores for items 2, 4, 5, 7, 8, 10, and 12

Revenge Motivations:

Add up the scores for items 1, 3, 6, 9, and 11.

Basic Psychometric Characteristics

	Avoidance	Revenge
<u>Internal Consistency</u>		
Cronbach's α	.86-.94	.90
<u>Temporal Stability^a</u>		
3-Week Test-Retest r	.86	.79
8-Week Test-Retest r	.44	.53
9-Week Test-Retest r	.64	.65

Measurement Model: Two-Factor measurement model provides adequate fit to the data, Chi-square ($df = 53$, $N = 238$) = 190.53, $p < .001$, CFI = .94. Factor correlation = .67.

^aTemporal stability estimates derived from different samples. 3-week and 9-week estimates come from sample of persons with longstanding difficulty forgiving. 8-week estimates come from sample of persons who were recently offended by a relationship partner.

Source

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Related Reference

Wade, S.H. (1989). The development of a scale to measure forgiveness. Unpublished doctoral dissertation, Fuller Graduate School of Psychology, Pasadena, CA.